



Paul Wileman
Triathlete
Blenheim Palace
3 June 2018



On our way

We arrive



Blenheim Palace



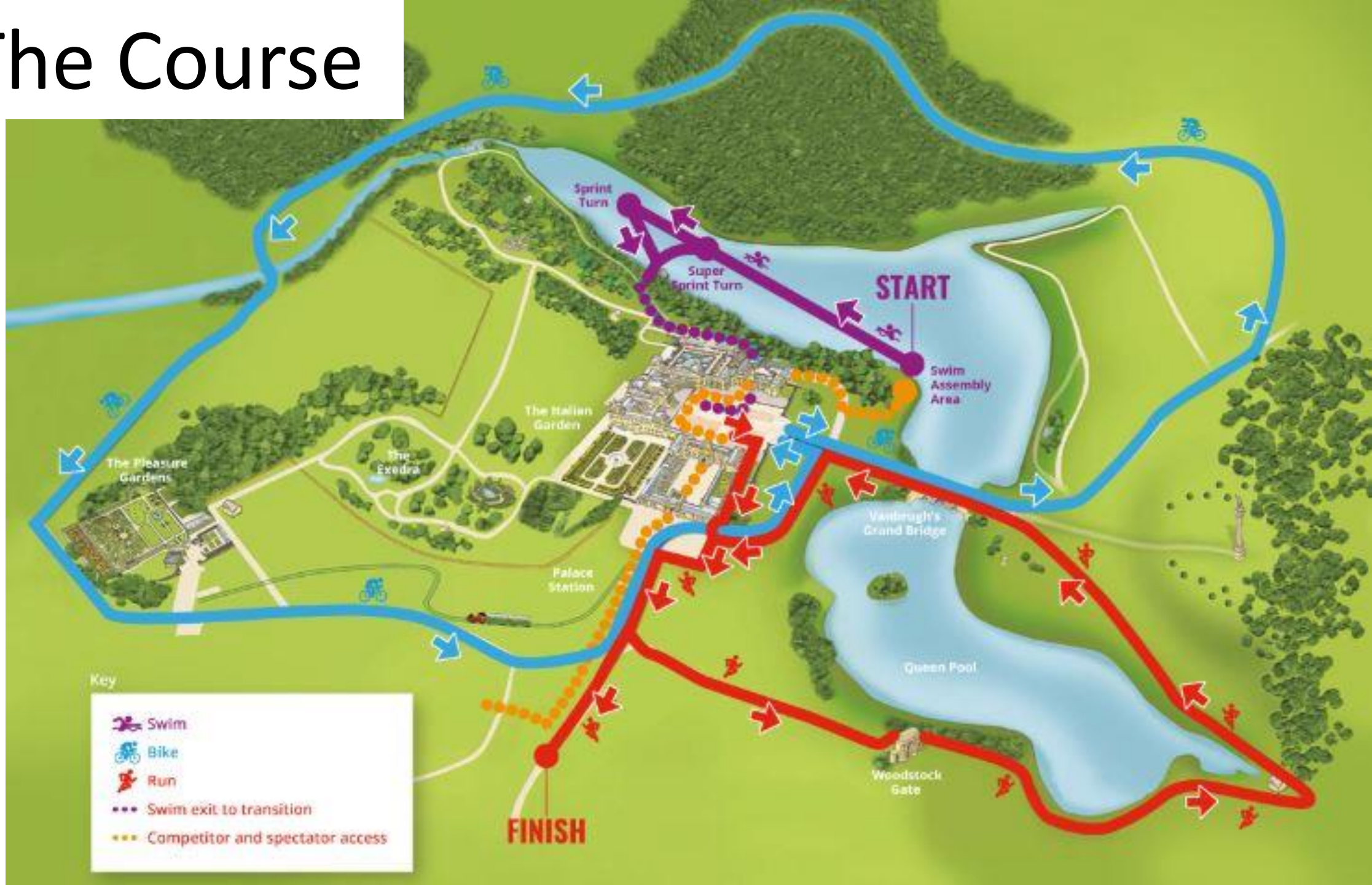


Blenheim
Palace

I must be on here somewhere ??



The Course





SPRINT DISTANCE

Swim 750m (1 lap)

Bike 19.8km (3 lap)

Run 5.4km (2 lap)

Total Distance = 25.95km (16.12 miles)

The Equipment



Getting the
bikes ready



Bikes in
position



The Loneliness of the long distance runner



Getting
Ready





The Lake

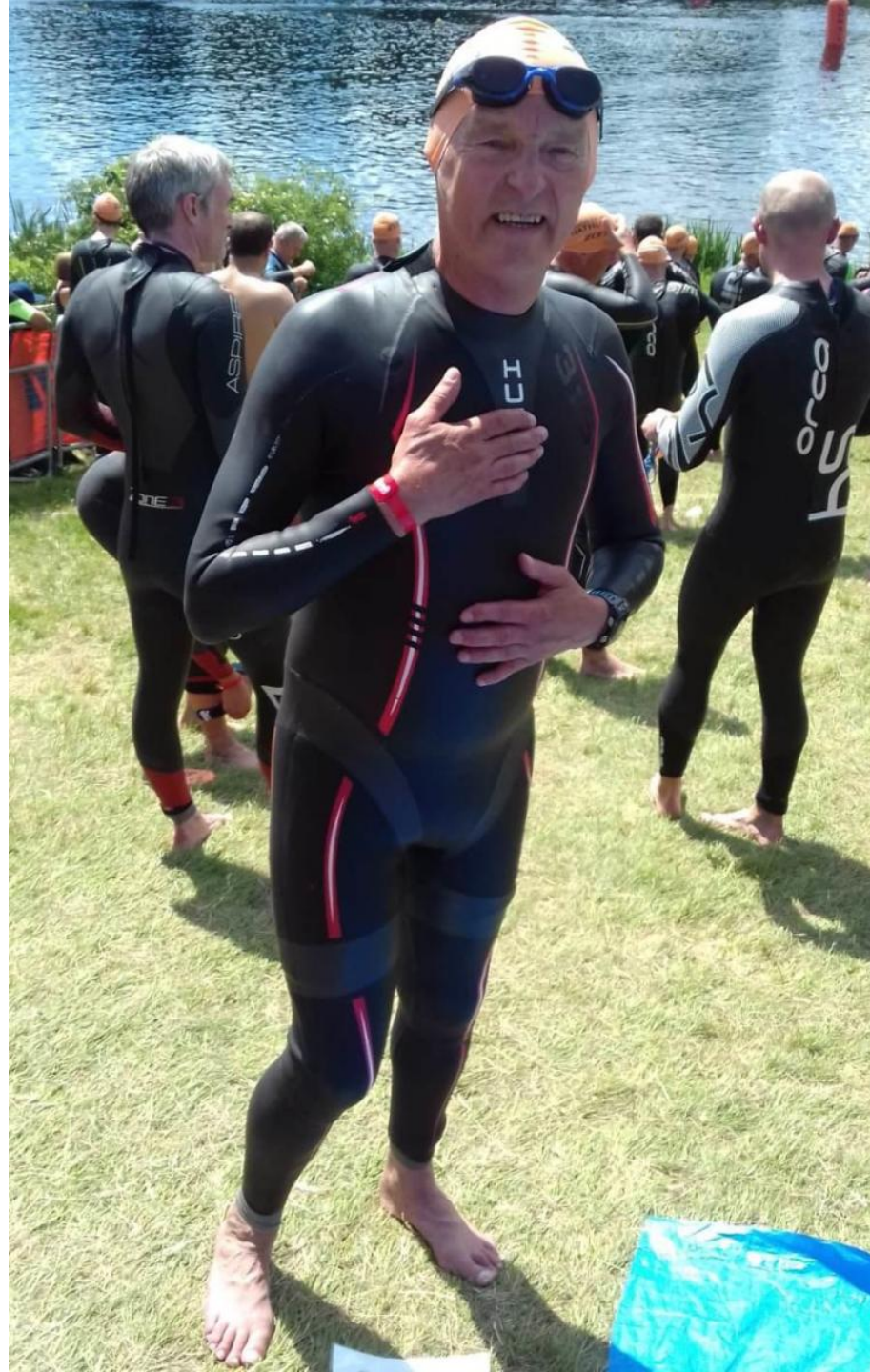
What
am I
doing ?



This is
madness



The Madman



The Starting point



Not much opposition here



Into the swim ready to start



Into the swim ready to start



And they're off



He's in there somewhere ?



It's the
missus





Looks like she's in front of me



Where's
me bike ?

It's got to be
here somewhere



**Paul –
electric
bikes aren't
allowed !!**



On yer bike !!





Born in the saddle



Transition from bike to run



He's on the run





The Big Finish

Bloodwise Blenheim Palace Triathlon 2018



Triathlon @ Blenheim Palace, 3 June 2018

Who was quickest ? Oh, oh.....

SPRINT

POS	NAME	BIB	CHIP TIME
3499	Kathryn Wileman	5722	02:01:54
3582	Paul Wileman	6417	02:04:22

**The
Winners**

**In their
House
at least**



**Our
heroes**